

## Create Strength Group Volunteer role description

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### **Role Title: Group Facilitator Volunteer**

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**Location:** Flexibility across different meeting venues/locations including home

**Responsible to:** Volunteer Coordinator

**Hours:** Minimum of 2 hours a week

#### **About the service**

Create Strength Group (CSG): Founded in March 2015, provide support to long-term chronic users of cannabis, spice, and legal highs, CSG has quickly evolved beyond this core focus and now delivers essential information, advice, assistance, and support to anyone whose life is affected by their own, addictive behaviour or that of someone close to them.

#### **What is a Group Facilitator Volunteer?**

A Group Facilitator Volunteer is a trained volunteer associate proficient in leading the meeting and has overall responsibility for the delivery of the meeting.

#### **Key tasks & responsibilities**

- Follow the CSLHG facilitator principles (8):
  1. Key Principles are – (Confidentiality, Non-Judgmental, Empathy, Action, Abstinence)
  2. Abstinence from drugs of choice and all recreational drugs
  3. Personal choice, self-definition /determination and pathways (Associates)
  4. Social alcohol drinking, within moderation is tolerated but not encouraged or promoted with particular note to vulnerabilities and respect for others recovery
  5. Behaviour, Feelings and Thoughts – relationship as a central core
  6. Signposting, education, promoting, recovery & honesty as outcomes
  7. Cannabinoid support as a core recovery service with emerging & synthetic addictive trends
  8. All 5 aspects to CSG Growth Model promoted (Health (exercise, diet, and abstinence), Honesty(self, private, and public), Education (formal, informal, and training), Betterment (self-

improvement, self-evaluation, and self-awareness), and Service (mutual aid, community, and individual level)

- 4 rules for facilitator role
  1. Abstinence time – Associates who represent positions of elected responsibility must be abstinent from all street drugs for a minimum of 24 months
  2. Minimum Group membership – Associates who represent positions of responsibility must attend a minimum of 12 regular group meetings over a period of 12 months, 6 SURF meetings over a period of 12 months. Associates may be excused from attendance requirements in circumstances of illness, unforeseen circumstances etc. (must be notified)
  3. Due Diligence – Any associates who holds a position of responsibility must uphold high standards of ethical behaviour. (determined by the Board of Trustees)
  4. Prerequisites/skills – Associates who hold positions of responsibility must demonstrate a level of competency to enable them to fulfill the role. For the facilitator role you must have relevant training and experience.

### **Skills and experience**

- Proficient in English writing skills
- Good IT skills
- Strong interpersonal skills and the ability to work with a diverse range of people
- Ability to deal with information in a confidential manner and respond with sensitivity to the opinion of others
- Demonstrate an understanding of addiction
- Completed the facilitation training
- Able to carry out tasks independently
- Access to using a computer
- Flexibility in working style (working from home and in meeting venues)

### **Training and support available**

- As a CSG Volunteer you will have a full induction when you start
- The Volunteer Coordinator will support you throughout your time as a volunteer
- CSG will offer you to develop your skills and experience
- You will have the opportunity to develop knowledge of CSG services through in-house training (for this role you will be given free facilitation training)
- We will provide you with travel expenses on the days you volunteer

### **What you will get out of volunteering with CSG**

- Use your skills and experience to contribute to the success of our organisation and make a positive difference within CSG.
- You will be part of CSG's volunteering programme and will be able to find about other opportunities that CSG offers to volunteers.
- Enhance your CV by developing new skills and gaining valuable experience
- We will provide you with a reference for your future vocation/volunteering

### Other requirements

**All volunteers are expected to attend an induction and training and will receive weekly supervisions.**

**This role is subject to a trial period of 1 month. This allows us to review whether the role is suitable and if expectations of both the volunteer and CSG are being met.**

**You will be required to provide a reference and undergo an Enhanced DBS check for this role. This is necessary due to the nature of the volunteer role and organisations activities supporting vulnerable service users.**

**Also, having a criminal conviction does not automatically exclude you from volunteering depending on the risk and relevance to the role.**

### **Contact information**

For further information about the role please contact Valeeya Khizar

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Please send your application form to – [createstrengthgroup@gmail.com](mailto:createstrengthgroup@gmail.com)