

Create Strength Group Volunteer role description

Role Title: Peer Support Volunteer

Location: Pelican House (BD1) and Shipley Fire Station (BD18)

Responsible to: Volunteer Coordinator

Hours: Minimum of 2 hours a week

About the service

Create Strength Group (CSG): Founded in March 2015, provide support to long-term chronic users of cannabis, spice, and legal highs, CSG has quickly evolved beyond this core focus and now delivers essential information, advice, assistance, and support to anyone whose life is affected by their own, addictive behaviour or that of someone close to them.

What is a Peer Support Volunteer?

A Peer Support Volunteer introduces new service users into peer support in person by building confidence and awareness of what peer support is, supporting existing 1-to-1 service users with their recovery journey.

Key tasks & responsibilities

- Completing introductory 1-to-1 with new service users
- Meeting with existing 1-to-1 service users and support with recovery
- Attend weekly supervisions

Skills and experience

- Lived experience of mental health difficulties
- Excellent communication (written and verbal) and interpersonal skills

- Passionate about supporting others and awareness of and empathy for mental health
- Use a non-judgmental approach, person centred approach to group members
- Ability to work with people from diverse communities and with differing needs
- A commitment to safeguarding clients and others you may come into contact with as part of your role
- Ability to model personal responsibility, self-awareness, self-belief, self-advocacy and hopefulness
- Understanding of personal and professional boundaries
- Good ICT skills

Training and support available

- As a CSG Volunteer you will have a full induction when you start
- The Volunteer Coordinator will support you throughout your time as a volunteer
- CSG will offer you to develop your skills and experience
- We will provide further training where possible
- We will provide you with travel expenses on the days you volunteer

What you will get out of volunteering with CSG

- Use your skills and experience to make an impact in our client's recovery journeys
- You will be part of CSG's volunteering programme and will be able to find about other opportunities that CSG offers to volunteers.
- Enhance your CV by developing new skills and gaining valuable experience
- We will provide you with a reference for your future vocation/volunteering

Other requirements

All volunteers are expected to attend an induction and training and will receive weekly supervisions.

This role is subject to a trial period of 1 month. This allows us to review whether the role is suitable and if expectations of both the volunteer and CSG are being met.

You will be required to provide a reference and undergo an Enhanced DBS check for this role. This role is necessary due to the nature of the volunteer role and organisations activities supporting vulnerable service users.

Also, having a criminal conviction does not automatically exclude you from volunteering depending on the risk and relevance to the role.

Contact information

For further information about the role please contact Valeeya Khizar

Tel: 07759 053653 Email: project.administrator@cslhg.org

Please send your application form to – createstrengthgroup@gmail.com