



Volunteer Information Booklet

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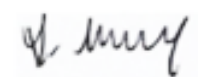
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Hello and Welcome

Create Strength Group was founded in 2015 and until 2021 we were 100% voluntary organisation as such volunteers remain a key part in our development and growth.

This is why the CSG volunteering programming is at the heart of the organisation.

Thank you for your support.



Dave Memery

Project Lead
Create Strength Group

About us

Create Strength Group (CSG): Founded in March 2015, provide support to long-term chronic users of cannabis, spice, and legal highs, CSG has quickly evolved beyond this core focus and now delivers essential information, advice, assistance, and support to anyone whose life is affected by their own, addictive behaviour or that of someone close to them.

We host dynamic mutual aid support groups in local venues and online where experience and advice are shared in a safe non-judgmental abstinence-based user led environment. We use web, social media, and emerging technologies to promote our proven delivery model.

The serious issues we address include anxiety and depression, sleep and insomnia, unemployment, homelessness, and poverty, offending, and child custody issues. Our associates might be living isolated, anxious, and unfit for work or social activity.

Our Objectives

Working with groups of a similar nature and exchange information, advice and knowledge with them, including cooperation with other voluntary bodies, charities, statutory and non-statutory organisations to achieve our objects.

The provision of mutual aid group support and the distribution of information, guidance and assistance to those close to or with an interest in such addictions, their families and concerned others.

Delivering a series of local meetings to promote abstinence from drug use, share best practise and provide support information and advice.

Supporting social interaction / inclusion and awareness of; the reasons, symptoms and consequences of contemporary drug use, particularly regarding the three main specialist knowledge bases found within our membership; namely cannabis, spice and legal highs.

Promoting a range of transferable skills within our membership and the community, such as employability skills, confidence and social skills, IT and media skills and responsibility and organisational skills. To encourage, develop and support the pursuit of education and training within our membership.

Volunteering

Volunteering is a great way to share your enthusiasm, skills and ideas whilst having fun and meeting like-minded people. By volunteering for Create Strength Group you will be making a positive contribution to our beneficiaries, volunteers are vital to what we do.

We have a range of opportunities for volunteers to get involved in. On our website you can read through our volunteer role profiles. All you need to do then is to complete our short Volunteer Application Form. Alternatively, you can speak or meet in person to enquire about becoming a volunteer.

Once we receive a copy of your completed application form, a member of our team will get in touch with more information on specific opportunities and we can decide together which option best matches your interests, availability, and our needs. Your help will be greatly appreciated and really will make a difference.

DBS Checks

Volunteer roles will require a DBS check to inform Create Strength Group of any criminal convictions that a person wishing to volunteer may have. For example, any volunteer position which involves regulated activity with children or vulnerable adults will be subject to a DBS check.

‘Helping **us to help others’ –**
*Your volunteering is valuable to us,
if you want to make a difference in
other people’s lives.*

How we'll support you

1 Induction and Training

The induction will include information about create strength group, missions and plans, the volunteer roles, introduction to other staff members, tour around facilities, copy of relevant policies, essential procedure such as timekeeping, rotations, communications, and information about training and ongoing learning opportunities.

2 Regular Supervision

All volunteers will be given supervision weekly by the volunteer coordinator, to ensure that you are comfortable in your role and if you require any support in the role that you are carrying out.

3 Recognising Volunteers

We will hold a social event each year to celebrate our achievements; during these events you will get the opportunity to meet other volunteers and supporters of our work and share in our plans.

4 Reimburse Expenses

We value our volunteers and want to ensure that there are no barriers to volunteer involvement. All reasonable out of pocket expenses, if required, will be reimbursed including expenses for travel. In order to claim expenses, an Expenses Form must be completed, a valid receipt provided, and this should be handed in to the Volunteer Coordinator.

5 Insurance Policy

Create Strength Group has a valid insurance policy so that volunteers are covered by public liability insurance, which you are advised to read. It covers the volunteering activities you will be doing.

6 Health and Safety

We will keep reminding you of our Health and Safety Policy and give simple instructions on how to perform each task safely. We have clear procedures for accidents and emergencies and will always have a first aider on field sites.

Create Strength Group Contact.

The service will operate Monday – Friday

09:00am – 5:00pm.

*Saturday and Sunday meetings

also take place (more information will be given to you
if you have a role that on these days).

The Create Strength Group can be contacted via email:

createstrengthgroup@gmail.com

Tel: 07759 053653

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Abstinence based recovery and training

Create Strength Group is a charity registered in Bradford, England.

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