



CREATE STRENGTH
RECOVERY SOLUTIONS

Online Support Group MEDS



YOU ARE NOT ALONE
MEDS Group
(Medication Exit and Dependency Support)

ALL WELCOME

EVERY WEDNESDAY - 5.30PM - 7PM
[CREATESTRENGTHGROUP.ORG/CONTACT/ TO REGISTER](https://createstrengthgroup.org/contact/)

This is a Medication Exit and Dependency Support group (MEDS) for like minded people to share their experiences. Hosted by Michael Ritchie Therapy.

Create Strength Group is an abstinence-based user-led, self-help mutual aid group providing advice, support and information to individuals.

FOR MORE DETAILS OR INFORMATION

Email: info@createstrengthgroup.org

Call/Text: 07759 053653

It's not about what we do, it's what we do next.

