



CREATE STRENGTH
RECOVERY SOLUTIONS

Online Support Group



**Help with all substance addictions
and addictive behaviours**

ALL WELCOME

THURSDAYS - 6PM - 8PM

[CREATESTRENGTHGROUP.ORG/CONTACT/](https://createstrengthgroup.org/contact/) TO REGISTER

This is a support group for like-minded people to share their experiences. Hosted by people who have recovered from problematic drug use.

Create Strength Group is an abstinence-based user-led, self-help mutual aid group providing advice, support and information to individuals with a history of cannabis, spice, legal highs and other substance use.

FOR MORE DETAILS OR INFORMATION

Email: info@createstrengthgroup.org

Call/Text: 07759 053653

It's not about what we do, it's what we do next.

